



*ZERO HUNGER

Group:3

Name: Melody.W, Jessica, Mia, Melody



* How did we start it?



* Write down the lunch

※午餐剩食重量調查表※

星期	菜名	剩食量	菜名	剩食量	菜名	剩食量	菜名	剩食量
星期一	菜: 空心菜	剩食 2700g	菜: 海帶	剩食 3700g	菜: 豆干	剩食 3700g	菜: 馬蹄	剩食 4100g
星期二	菜: 芥菜	剩食 4340g	菜: 炒時蔬	剩食 2600g	菜: 冬瓜	剩食 4600g	菜: 高麗菜	剩食 1500g
星期三	菜: 豆皮	剩食 2260g	菜: 豆乾	剩食 1200g	菜: 青菜	剩食 3120g	菜: 白菜	剩食 1560g
星期四	菜: 豬扒	剩食 3kg 820g	菜: 白菜	剩食 3kg	菜: 空心菜	剩食 2kg 900g	菜:	剩食 0
星期五	菜: 豆皮	剩食 3kg 900g	菜: 苦瓜	剩食 3kg 140g	菜: 豆芽菜	剩食 3kg 220g	菜: 青菜	剩食 1700g



* Our school lunch had some leftover like:

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* 1. water spinach

* 2. chinese mustard green

* 3. chinese cabbage

* 4. celery

* 5. bean sprouts



We felt sorry about too much leftover so that we discussed how to reduce food-watsted?

The worksheet for Leftovers Survey

Class: 404 No: 14 Name: Jessica

Part I: What have we eaten last week at school ?

Weekday	Dish 1	Dish 2	Dish 3	Dish 4
Monday	water spinach	seaweed	dried bean curd	potatoes
Tuesday	curry	cabbage	white gourd	chines greens
Wednesday	dried bean curd	chinese cabbage	spoon cabbage	spoon cabbage
Thursday	fries	celery	water spinach	
Friday	bean curd skin	bitter gourd	bean sprouts	spoon cabbage

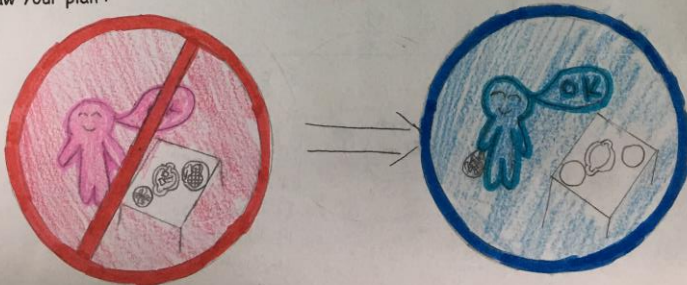
Part II: What foods did we eat the least for each day?

Weekday	The Items of Most Leftovers	Do you like it? Why?
Monday	water spinach	Yes, it's yummy.
Tuesday	chines mustard greens	No, it's not delicious.
Wednesday	chinese cabbage	Yes, it's yummy.
Thursday	celery	Yes, it's yummy.
Friday	bean sprouts	No, it's not delicious.

Part III: Write a plan that we can reduce Food Waste everyday.

Your plan: Get a doggie bag if you do go out for dinner and have leftovers, ask for a doggie bag! The kitchen will just throw it away, and you may as well put it to good use.

Draw Your plan:



The worksheet for Leftovers Survey

Class: 403 No: 7 Name: Melody

Part I: What have we eaten last week at school ?

Weekday	Dish 1	Dish 2	Dish 3	Dish 4
Monday	water spinach	seaweed	dried bean curd	potatoes
Tuesday	curry	white gourd	mustard	Cabbage
Wednesday	chinese cabbage	bean curd skin	spoon cabbage	dried bean curd
Thursday	fries	celery	water spinach	
Friday	bitter gourd	bean curd skin	mustard	BEAN sprout

Part II: What foods did we eat the least for each day?

Weekday	The Items of Most Leftovers	Do you like it? Why?
Monday (-)	water cabbage	Yes, It's delicious.
Tuesday (=)	mustard	No, It's YUCK!
Wednesday (=)	chinese cabbage	Yes, It's yummy.
Thursday (✓)	celery	Yes, it's delicious.
Friday (✓)	Bean sprouts	Yes, It's yummy.

Part III: Write a plan that we can reduce Food Waste everyday.

Your plan: create a shopping list. Going into the store with game plan will prevent you from buying too much food.

Draw Your plan:





* *Get a doggi bag.*

* **IF YOU DO GO OUT FOR DINNER AND HAVE LEFTOVER ASK FOR A DOGGIE BAG THE KITCHEN WILL JUST THROW IT AWAY AND YOU MAYAS WELL PUT IT TO GOOD USE.**

* **Here's Our Plan and action**



* Here's Our Plan and action



**We hope you can join us to get the goal:
Zero Hunger**

